

# CMC Parent Newsletter - Welcome Back

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## Welcome to CMC!

*By Michelle Cash P'20 and Rick Verjee P'21*

We would like to welcome the families of incoming students from the Class of 2022, transfer students, and returning families!

As Co-Vice Presidents of the Parent Network Board Communications Committee, our goal is to share information, foster connections with other CMC families, and serve as a resource for communicating information about CMC. Please take advantage of the numerous ways to obtain information and to connect with the college, including:

- CMC Website, especially the [Parent Gateway Website](#)
- [CMC Parents and Families Facebook Group](#) (over 500 members and growing) Note: This is a private group for current parents. You must request to join the group to access the page. Just choose JOIN when you get to the page, and you will be authorized shortly thereafter.
- [Academic Calendar](#)
- Past Issues of [CMC Parent News](#)
- [CMC A to Z](#)

We invite you to reach out to either of us if you have any comments, ideas for the CMC Parent E-Newsletter, or questions about the CMC community of parents and families. We appreciate your feedback!

Michelle Cash P'20 and Rick Verjee P'21

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Co-Vice Presidents, Communications

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## How I Spent My Summer Break 2018

## 10 Things I Learned from my Summer Internship by Sasha Novitsky '20

This summer, I worked as a Finance and Accounting Intern for the Town of Truckee, CA. Read on as I detail my ten most valuable lessons learned, both personal and professional, while experiencing the “office life.”

### # 10: Good things come to those who wait.

In May, after months of searching, being ghosted, interviewing and getting denied, I was finally offered a position working for the Town of Truckee. Even after all the stress and hassle associated with starting the internship process early, I still was offered a position that was interesting and exciting. [Read more.](#)

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## Navigating the Roommate Experience

*Incoming students at CMC are adjusting to all kinds of new things – life away from parents, different academic expectations, living in Southern California, and having roommates. I spoke with Assistant Dean of Students & Director of Residential Life, Jennifer Guyett and Associate Director of Residential Life, Sean Rollolazo, who shared valuable info about roommate pairings and ways in which parents can support their students’ efforts in establishing and maintaining a positive roommate experience.*

As a rule, first-year students generally are not placed in singles. [Read more.](#)





## An International Parent's Journey

*By Mitul Seth P'16 P'18*

In the Fall of 2012, when Sharan, my older son, left our home in New Delhi to join CMC, my yoga teacher said to me, "The doors of your world will now open through the eyes of your children." I had no idea what she meant by that, but gradually I came to appreciate the truth of that statement.

A few weeks into Sharan's first semester at college, I received a newsletter that caught my attention. It was an email informing parents that a group of CMC students and two professors would be visiting India during the winter break. This visit was for a half credit Religious Studies course on "Contemporary Religious Leadership in India." Having been a volunteer with an Indian spiritual organization, I

spontaneously wrote to the professor leading the group, asking her if they would like to meet a Hindu religious teacher during their visit. I offered to organize a talk on the subject by Swami Nikhilananda, Head of Chinmaya Mission, Delhi, followed by an interactive Q & A session. Almost immediately, I received a reply from her saying the group would be absolutely delighted to meet with a Swami! Coincidentally, the group was staying at a hotel in our neighborhood and it seemed like a good idea to host them for a meal at home on another day. The only date that worked was 1st January, so my husband and I got all set to throw a New Year's Day party! [Read more.](#)

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## How to Support Students with Internships and Career Advice

CMC is looking for jobs, internships, and networking from our parent community. The time commitment is minimal and the benefits are enormous for our students, and potentially your business! [Read more.](#)

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