

# Investing in Myself

A Professional Self-Awareness and  
Personal Growth Program  
for

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## *Success Architecture Workbook*

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# My Success Architecture

## FOUNDATION

1. Where I'm starting... including key findings about my Core Values, insights from my Life Spheres check-up, notes from my personal inventories, callings I'm listening to, and new opportunities to be of service.
2. What I've discovered on my self-awareness journey is...
3. My gift goals for myself are
4. At the top of the next peak, I want to feel.....

5. To get there, my top priorities for personal development over the next three months are...

**I.**

**II.**

**III.**

6. Sources of Accountability: It would be *helpful (and not guilt-inducing)* if I had a little accountability help from.....
7. Choice Architecture Adjustments to Environment: Some specific Nudges and adjustments to my daily routines, physical space, habits, etc. that will support my work toward these goals are...
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8. Available Resources: The resources available to me as I embark on this journey are... (connections, people, communities/groups, information, time, talents, skills, etc.)

☐ My Inner Mentor

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9. My champions - and the kind of support I want from them - are...

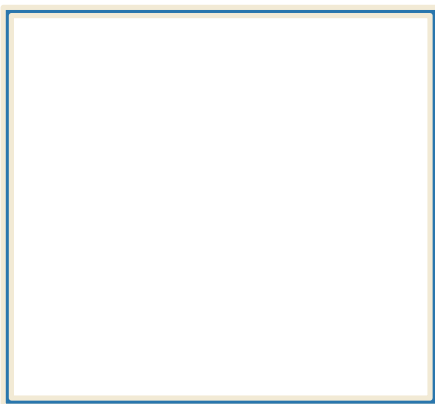
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10. The *much-bigger-than-me* force that is my partner in pursuing my goals is...

11. Celebrations: I'll celebrate my efforts along the way by ...

12. Sources of Re-inspiration: I'll get re-inspired and reconnect to motivation when it wanes by...

13. Getting some Perspective: My regular practice to remember the big picture will be...



14. STRUCTURE\*\*: My support structure is like

15. The KEY PILLARS FOR SUCCESS supporting me are

16. My Timeline: